

*On-going!!*

# jazzercise®

**Mondays, Wednesdays & Fridays: 5:50-6:50 pm**  
**Saturdays: 9:00-10:00 am**

**Location: Robbinsdale Public Safety Bldg, Community Room**  
**4101 Hubbard Avenue No.**

**www.jazzercise.com for more information and specials**

**Payment Options:**

- ✓ 12 months—\$42/month  
\$30 one time joining fee
- ✓ \$50 month to month
- ✓ 1 time—\$15/pay at door

**Register online at**

*Jazzercise Robbinsdale or email*  
*luannakoehler@gmail.com*



**Jazzercise, the #1 fitness program in the USA is offered through the Robbinsdale Recreation Services Department.**

- ✓ *Unique combination of effective exercise jazz-dance movements and popular music;*
- ✓ *Great package of fitness and fun that conditions your cardiovascular system and your muscles in a noncompetitive atmosphere;*
- ✓ *Choreography that's always new and exciting;*
- ✓ *Includes a warm up, an aerobic segment, muscle toning & flexibility exercise & cool down-all under the direction of a certified instructor;*
- ✓ *Suitable for all ages-you set your own pace;*
- ✓ *Classes last 55-65 minutes;*
- ✓ *Registration online.*
- ✓ *You can register and start the classes-on the day YOU want!*
- ✓ *On-line registration now available!*
- ✓ *Bring your water bottle, mat and enthusiasm! Bring a friend!*

**Start any day listed!**

**For more information, you can call 1-800-FIT-IS-IT or Robbinsdale Recreation Services Department at 763-531-1278.**